WHAT IS CLAIMED IS:

- 1. A holder, comprising:
- a handle;

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an extension rod having a first end combined with a first end of the handle to form an elongated rod;

a threaded rod mounted in the handle;

a control unit mounted in the handle and movably mounted on the threaded rod;

a guide seat mounted on a second end of the extension rod; and an elastic plate mounted on the guide seat and having two ends each extended through the guide seat into the extension rod and the handle and each mounted on the control unit to move therewith.

- 2. The holder in accordance with claim 1, wherein the control unit includes a base movably mounted on the threaded rod and combined with the two ends of the elastic plate, a connecting seat movably mounted on the threaded rod and combined with the two ends of the elastic plate, a control plate pivotally mounted on the threaded rod and located between the base and the connecting seat, and a spring mounted on the threaded rod and urged between the connecting seat and the control plate.
- 3. The holder in accordance with claim 2, wherein the base is formed with a through hole for passage of the threaded rod.

- 4. The holder in accordance with claim 2, wherein the base is provided with two spaced pivot plates fixed on the two ends of the elastic plate.
- 5. The holder in accordance with claim 2, wherein the connecting seat is substantially L-shaped and has a first section movably mounted on the threaded rod and a second section to encompass the spring.

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- 6. The holder in accordance with claim 5, wherein the first section of the connecting seat is formed with a through hole for passage of the threaded rod.
- 7. The holder in accordance with claim 5, wherein the first section of the connecting seat is provided with two spaced pivot plates fixed on the two ends of the elastic plate.
- 8. The holder in accordance with claim 2, wherein the control plate is substantially L-shaped and has a first section pivotally on the threaded rod and a second section formed with a press portion protruding outward from a slideway of the handle.
- 9. The holder in accordance with claim 8, wherein the first section of the control plate is pressed by the spring and is formed with a through hole for passage of the threaded rod.
- 10. The holder in accordance with claim 9, wherein the through hole of the control plate has a first edge formed with a first thread and a second edge formed with a second thread which is diagonally opposite to the first thread.

11. The holder in accordance with claim 10, wherein the when the first section of the control plate is pressed by the spring to an inclined state, the first thread and the second thread of the through hole of the control plate are engaged with the threaded rod, so that the control plate is fixed on the threaded rod.

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- 12. The holder in accordance with claim 10, wherein the when the press portion of the control plate is pressed by the user to a horizontal state, the first section of the control plate is disposed at a vertical state, so that the first thread and the second thread of the through hole of the control plate are detached from the threaded rod, and the control plate is movable on the threaded rod.
- 13. The holder in accordance with claim 1, wherein the handle is formed with an elongated slideway, and the holder further comprises a sealing sleeve mounted on a second end of the handle and has a periphery provided with a retaining block secured in the slideway of the handle, so that the sealing sleeve is secured on the handle without rotation.
- 14. The holder in accordance with claim 13, further comprising an adjusting knob rotatably mounted on the sealing sleeve and secured on a distal end of the threaded rod to rotate the threaded rod.
- 15. The holder in accordance with claim 14, wherein the adjusting knob has a side formed with a hexagonal recess, and the distal end of the

threaded rod is extended through the sealing sleeve and is formed with a hexagonal head secured in the hexagonal recess of the adjusting knob.

16. The holder in accordance with claim 14, further comprising a washer mounted on the threaded rod and rested on the adjusting knob, and a nut screwed on the threaded rod and rested on the washer, so that the adjusting knob is fixed on the distal end of the threaded rod.

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- 17. The holder in accordance with claim 1, wherein the elastic plate has a mediate portion formed with a circle protruded outward from the guide seat, and the guide seat has two sides each formed with a guide channel for passage of each of the two ends of the elastic plate.
- 18. The holder in accordance with claim 17, further comprising a clamping seat mounted on the guide seat and received in the circle of the elastic plate.
- 19. The holder in accordance with claim 18, wherein the guide seat 21 is formed with a recess, and the clamping seat includes a substantially V-shaped clamping plate inserted into the recess of the guide seat and two substantially semi-spherical clamping jaws each pivotally mounted on the clamping plate.
- 20. The holder in accordance with claim 18, wherein the clamping seat further includes a bolt extended through the two clamping jaws, and a nut secured in an end of one of the two clamping jaws and screwed on the bolt, so

that the bolt can be rotated to adjust the distance between the two clamping jaws.